Born and raised in Iran, Farassat’s work has been largely influenced by a culture and tradition that she feels embraces a distorted sense of reality. As a result, Farassat’s work embodies a desire to break free from social and cultural constraints, and explore one’s inner self freely. Roya Farassat received her BFA in 1986 from Parson’s School of Design in New York and later (2000-2001) studied sculpture at the Sculpture Center School. She was nominated for Jameel Prize in 2012 and London’s Magic of Persia Contemporary Prize in 2009. Her award’s include, the Henry Street Settlement’s Workspace Residency (2007) and Makor/Steinhardt Center Artist-in Residence Program(2006). Roya Farassat's work has been included in numerous curated group shows in United States, including The Queens Museum, The Taubman Museum, Fort Lewis College, Rogue Community College, Syracuse University, The College of New Jersey, Queens College Art Center, Manhattanville College, as well as abroad, in Kuwait and Dubai. In 2011, her solo exhibition, " A Mirror Has Two Faces", was exhibited at Leila Heller Gallery in New York.